

# AUGUST 2018

## SOUTH BEND COMMUNITY SCHOOL PRIMAY

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals.  
Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, and Yogurt, Cheese, Cracker Grab –n- Go

Monday



Tuesday

Wednesday

Thursday

Friday



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16 <b>Breakfast</b> Smoothie w/crackers <b>Lunch</b> WG Cheesy Breadstick w/Marinara Sauce Broccoli-1/2 cup Applesauce-1/2 cup	17 <b>Breakfast</b> Mini Blueberry Pancakes <b>Lunch</b> WG Pizza – 1(Tony's 4x6) Green Beans- 1/2 cup Diced Pears- 1/2 cup
20 <b>Breakfast</b> WG Breakfast Slider <b>Lunch</b> Chicken Smackers – 10 WG Dinner Roll-1 oz. Golden Corn – 1/2 cup Pears – 1/2 cup	21 <b>Breakfast</b> Cinnamon Mini Bagels-1 <b>Lunch</b> Nachos and Cheese w/ WG Tostito Chips-1 Refried Beans-1/2 cup Peaches-1/2 cup	22 <b>Breakfast</b> Smoothie w/WG Cracker <b>Lunch</b> WG French Bread Pizza w/Marinara Sauce – 2 oz. Baby carrots - 1 bag Hidden Valley Ranch Dip- 1 Fresh Fruit-1/2 cup	23 <b>Breakfast</b> Breakfast Wrap <b>Lunch</b> Chicken Patty on WG Bun 1 Broccoli-1/2 cup Mixed Fruit– 1/2 cup	24 <b>Breakfast</b> Mini Cinnamon Waffles <b>Lunch</b> Beacon Street Stuffed Sandwich (WG) Spinach 1/2 cup California Blend 1/2 cup Pineapple 1/2 cup
27 <b>Breakfast</b> French Toast <b>Lunch</b> WG Chicken Nuggets –5 WG Dinner Roll- 1 oz. Cheesy Broccoli–1/2 cup Pears -1/2 cup	28 <b>Breakfast</b> WG Breakfast Slider <b>Lunch</b> Soft Shell Taco Shredded Romaine – 1/2 cup Salsa – 1 oz. Corn–1/2 cup Diced Peaches-1/2 cup	29 <b>Breakfast</b> Smoothie w/WG Cracker <b>Lunch</b> Cheeseburger on WG Bun Seasoned Potato Cubes– 1/2 cup Fresh Fruit	30 <b>Breakfast</b> Pancake on a Stick <b>Lunch</b> WG Mini Corn Dog Baked Beans – 1/2 cup Mixed Fruit – 1/2 cup	31 <b>Breakfast</b> Breakfast Toast <b>Lunch</b> WG Rippers W/Marinara Sauce – 2 oz. Baby carrots w/Dip Applesauce-1/2 cup

*This institution is an equal opportunity provider.  
Esta institución es un proveedor que ofrece igualdad de oportunidades*

